# **CAMP INFORMATION**

Location:
Nicholls State University,
Thibodaux, Louisiana

Date: **June 13 - June 16, 2026** 

**Cost: \$505** 

# Mail in Campers and School Check Campers:

Fill out your application on our website by scanning the QR code! Once filled out, print it and mail it with your check payable to the Louisiana Line Camp.



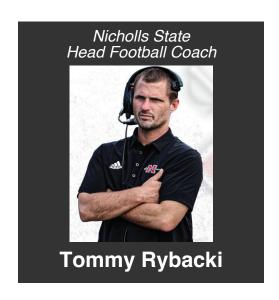
www.louisianalinecamp.com



"Our goals, as coaches, are very simple. We have a sincere desire and to

help the players become better and more proficient at football skills they need to be the BEST they can be."

> -Pete Jenkins Louisiana Line Camp Mission Statement



Special thanks to friend of the camp

Chad Boudreaux



#### **BRING TO CAMP:**

<ul> <li>□ Broken-in football shoes</li> </ul>	☐ Sleeping bag or bed linen
☐ Helmet if available	□ Towels
<ul> <li>Practice shirts and shorts</li> </ul>	☐ Tennis shoes
☐ Camp Dorm Sheets -Twin XL	☐ Coach Dorm Sheets - Full XL

#### **SPENDING MONEY:**

-bring about \$50 to \$60

# **CAMP T-SHIRTS: Select Size on Application**

Will be awarded after camper turns in room key! NO shirt issued without key returned!

#### **HOW TO GET TO CAMP:**

Directions online at www.louisianalinecamp.com

#### **TUITION:**

\$505 per camper. This includes room, meals, t-shirt, and instructions. (Helmet rental \$10 per camper if needed.) Can be paid by credit card online at www.louisianalinecamp.com

### **REGISTRATION:**

**THIBODAUX, LA:** Saturday, June 13th 10 a.m. - 1 p.m., Bollinger Ballroom

**Camp Pickup:** Tuesday at 11:30 a.m. at the Bollinger Ballroom.

APPLICATION:

Applications should be sent to:

Louisiana Line Camp 1242 Hwy. 20 Thibodaux, LA 70301

Application should be accompanied by a \$100 deposit for each camper. No player is accepted unless application is Signed and Legible by parent or guardian. Your cancelled check or credit card charge is proof of your acceptance to

#### **COACHES/GUESTS**

Coaches, parents, and guests are welcome to attend practices and lectures.

#### INQUIRIES:

For applications and further information contact: Don Rodrigue, Louisiana Line Camp, 1242 Hwy. 20, Thibodaux, LA 70301, or call 985-859-7810 or check our website, www.louisianalinecamp.com.

> Online Inquiries: Randy Breaux (985-232-1379)

# THE ORIGINAL OFF/DEF



# **NICHOLLS STATE UNIVERSITY**

Thibodaux, LA June 13 - June 16, 2026



# **REGISTER ONLINE!**

You can conveniently pay online via credit card on our website!



"Having worked camps across the country and being a part of the Louisiana Linecamp for the past 10, I can say that this camp is by far the best lineman camp there is. No other camp teaches and emphasizes fundamental techniques like the Louisiana Line Camp does. Coached by some of the best O & D line coaches in the state, from high school to pros, this is THE camp if you want your lineman to prepare himself for his future!"

-Kevin Mawae 8x ALL PRO 8x PRO BOWLER LSU Hall of Famer, 2007 NFL Hall of Famer, 2019

Louisiana Line Camp is unique. There have always been speciality camps for quarterbacks, wide receivers, and running backs - now we have a camp for the backbone of all teams - THE LINEMAN. You will receive more than 40 solid hours of instruction and individual attention. No other camp provides this.

We concentrate exclusively on offensive line, tight ends, defensive line and linebackers. All of our coaches are **teachers**. This is a no-frills camp with emphasis on development of skills and techniques to become better linemen.

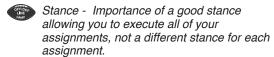
Open to offensive and defensive linemen from grades 9-12. Offensive line includes center, guards, tackles and tight ends. Defensive line includes nose guards, tackles, ends and **linebackers**.

\*Coaches - send us groups of lineman and we will work them together as a unit to help develop the teamwork needed for good pass protection and pass rush.

The Louisiana Line Camp is designed to polish skills and techniques of good offensive and fensive line play. Intensive individual coaching helps to develop confidence and improves team play. There is no contact work.

Points of emphasis:

#### **OFFENSIVE LINE**



- Explosion Drills Importance of pad level and maintaining power angles in the ankles, knees, and hips during the approach phase of the block.
- Leverage Drills Emphasis on finishing what you started block starts on contact.
- Steps Landmarks Techniques of Individual Blocks. Example: Drive block, Hook block, Down block and Trap block (1st and 2nd level).
- Steps Landmarks Techniques of Combo Blocks. Example: Short combo, Long combo, Inside Zone and Outside Zone.
- Progression of Individual Pass Sets on defenders aligned inside, head-up, outside, and wide.
- Incorporation of different pass protection schemes such as Quick (3step), Pocket and Slide (5step), Sprint, and Play Action.
- Team Work Working in tandem and as a unit (bring offensive line teammates with you and work together).

#### **DEFENSIVE LINE**

- Pass rush techniques vs. drop back play action & three-step drop.
- Reaction to most commonly used blocking schemes
- Effective use of hands-on defense for lineman and lindbackers
- Work habit necessary to become an outstanding defensive player
- Extensive film study of drills and techniques

## **NICHOLLS STATE UNIVERSITY**



Thibodaux, LA June 13 - June 16, 2026

#### **COACHES**

**TOMMY RYBACKI** - Director & Nicholls Head Football Coach

PETE JENKINS - Defensive Coordinator, coach defensive line at the high school, college and professional levels for 40+ years - 17 years at LSU - 3 years with Philadelphia Eagles.

MARK SONGY - Offensive Coordinator, Offensive Line Coach and Head Coach at the high school level for over 30 years

**LEE ROUSSEL -** Assistant Offensive Coordinator, 15 years of Offensive Line Coaching on the College and Highschool levels; Head Coach of a high school

**DON RODRIGUE -** Camp Director, 40 years of college and high school coaching, 38 years on camp staff

**RANDY BREAUX -** Registration & Camp Director, 30+ years of high school coaching, 21 years OL/DL staff member

JR. COLLEGE & HIGH SCHOOL COACHES FROM LA, TX, AND MISSISSIPPI.

**CURRENT AND FORMER PRO PLAYERS AND COACHES** 

THIBODAUX REGIONAL HEALTH SYSTEMS
SPORTS MEDICINE TRAINING STAFF

"The Louisiana Line Camp is the best instructed work camp for improving technique and fundamentals that I have ever been around. The quality of the coaching and work ethic of the participants over an extended eriod of time is unmatched."

> -Brendon Daly Def. Coach KC Chiefs

## **PRACTICE SCHEDULE**

**PRACTICE SESSIONS:** There will be four sessions each day.

MORNING SESSION: (on practice field) Sessions emphasis will be on development of individual skills and techniques for good OFF/DEF line play. Morning sessions focus primarily on the running game.

MIDDAY SESSION: (on practice field) The regular practice continues skill development and adds pass protection training for the offensive line and pass rush techniques for the defensive

**AFTERNOON SESSION:** (on practice field) Individual skill development is part of every session, but the afernon session focuses primarily on group techniques.

**NIGHT SESSION:** (in meeting room) Skull sessions. Teaching films as well as videos from earlier practice sessions will be used to help improve each individual.